



Dear Colleague,

I am writing to invite you to the 21<sup>st</sup> Annual Meeting of the Society for Light Treatment and Biological Rhythms (SLTBR) in Berlin, Germany from June 24th-June 27th, 2009. Our meeting is an official satellite to that of the World Federation of Societies of Biological Psychiatry (WFSBP), which will convene in Paris, France immediately following our conference.

SLTBR ([www.sltbr.org](http://www.sltbr.org)) is a not-for-profit international organization dedicated to fostering research, clinical applications, and consensus development in conditions related to light and biological rhythms, including seasonal affective disorder, jet lag, shift work, sleep disorders, eating disorders, nonseasonal major depression, bipolar disorder, and premenstrual syndrome. We study light therapy, chronotherapy, melatonin, serotonergic medications, etc., as well as the biological effects of environmental lighting.

Our 2009 international meeting will feature a CME course on chronobiology, cutting-edge research in oral and poster sessions, and 3 symposia:

- “Sleep Deprivation, Light Therapy, Phase Advance: Chronotherapeutic Adjuncts to Medications in Major Depression”
- “Lighting and Architecture: What can Chronobiology Offer Architects and Lighting Designers?”
- “EUCLOCK: Entrainment in Humans and Animals”

The preliminary program is attached, and additional meeting information can be found on our website, [www.sltbr.org](http://www.sltbr.org). Should you require further information, please do not hesitate to contact SLTBR at [sltbrinfo@gmail.com](mailto:sltbrinfo@gmail.com).

I hope you will join us in Berlin in June.

Sincerely,

Namni Goel, Ph.D.  
SLTBR, President (2008-2010)