

COURSES: Oral Sleep Medicine Course: 19-21 October 2010  
 Bi-Level for Beginners: 20 October 2010  
 Practical Approach to the Management of Non-Respiratory Sleep Disorders: 20 October 2010

	Day 1 - Thursday 21 October	Day 2 - Friday 22 October	Day 3 - Saturday 23 October
0700	<b>Breakfast Session 1:</b> Cardiovascular improvement with OA use in mild to moderate OSA - Fernanda Almeida	<b>Breakfast Session 2:</b> Sleep Lab Accreditation <b>Breakfast Session 3:</b> Maternal Sleep Health - Colin Sullivan	<b>Fun Run - Christopher Worsnop</b> Breakfast Session 4: Congenital Hypoventilation - <b>Carole Marcus</b>
0815	Opening		
0830	<b>Plenary 1</b> New Insights into Upper Airway Dilator Muscle Function in Obstructive Sleep Apnoea	<b>Plenary 2</b> Sleep in an Ageing Population	<b>Concurrent Symposia</b> <i>Sleep Health</i> <i>Community Based Approaches</i> <i>Circadian Disorders</i> <i>Snoring</i>
0900			Morning Tea
0930			Posters or orals x 4
1000			
1015	Morning Tea	Morning Tea	
1045	<b>New Investigator Presentations</b>	Oral Presentations x 4	
1115			Lunch
1145			Research Meeting
1215	Lunch SIG Meetings - Dental Orofacial, Insomnia, Respiratory	Lunch SIG Meetings - Neurology, Chronobiology, Paediatrics	ASTA Symposium <i>Scoring in the Sleep Lab, Adult and Paediatric</i>
1330	<b>Concurrent Symposia -</b> <i>Lab to Lane,</i> <i>Genetics</i> <i>Paediatrics</i> <i>Dental Orofacial</i>	Poster Sessions x 4	Afternoon Tea
1400			
1430			
1500	Afternoon Tea	Afternoon Tea	<b>Plenary 4:</b> Sleep in Other Illnesses
1530	Poster Sessions x 4	15.20 Panel Discussion - Strategies to improve NHMRC success	
1600		<b>Plenary 3</b> The interrelationship between diet, appetite, hormonal balance and sleep	
1630			

1700

1730

1800

1830



Conference Conclusion - Craig Hukins, Brett Duce

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*1900 for 1930 - CONFERENCE DINNER*