OH&S report

Heavy vehicle driver fatigue data final report released

- The Heavy Vehicle Driver Fatigue Data Final Report was released in May 2016
- The final report establishes a national framework to collect and analyse fatigue data to better inform future fatigue policy
- The goal of the heavy vehicle fatigue data framework project is to improve road safety by collecting and analysing heavy vehicle driver fatigue data.
- The national framework is a major collaborative initiative between the NTC, the National Heavy Vehicle Regulator (NHVR), the Alertness Cooperative Research Centre (CRC), road agencies, police and industry
- The framework has been developed for both ongoing data collection and new scientific research at a national level, providing an improved evidence-base for future policy decisions
- Research activities will be conducted by the Alertness Safety and Productivity Cooperative Research Centre (CRC) who will conduct comparative research in both laboratory and field environments. This will include evaluating the accuracy of existing fatigue monitoring technology

Upcoming conference of interest:

- The 10th International Conference on Managing Fatigue in Transportation, being held in San Diego, CA on March 20-23, 2017
- The theme of the event is “Managing Fatigue to Improve Safety, Wellness, and Effectiveness”, and are seeking abstract and panel proposal submissions on related topics
- Abstracts may be submitted now via the Managing Fatigue website until September 1, 2016
- Selected abstracts will be invited to be expanded for possible inclusion in a Special Issue of Accident Analysis and Prevention

Wearable technologies – validation and implementation for sleep monitoring and health

- The webinar presented and discussed the use of sleep monitoring equipment for sleep assessments, including the value of objective measurement for understanding sleep health and educating the public on the value of sleep.
- Audience included health professionals, shift working industry representatives, general practitioners, fatigue management organisations, and researchers
- Presentations and discussion lead by Dr David Cunnington (Melbourne Sleep Disorders Centre) and Dr Delwyn Bartlett (The University of Sydney), and facilitated by OHS&P Chair Prof Sally Ferguson
The webinar is available to watch on the ASA website

**A special issue of Chronobiology International was published from the 22nd International Symposium on Shiftwork and Working Time: Challenges and Solutions for Healthy Working Hours. Some papers from ASA members are listed below.**


Anastasi Kosmadopoulos, Xuan Zhou, Gregory D Roach, David Darwent & Charli Sargent (2016). No first night shift effect observed following a nocturnal main sleep and a prophylactic 1-h afternoon nap. Chronobiology International, DOI: 10.3109/07420528.2016.1167727

**Other recent publications from ASA members:**


